

MUUK



/SPA

Hotel Xcaret México

TREATMENTS

Muluk

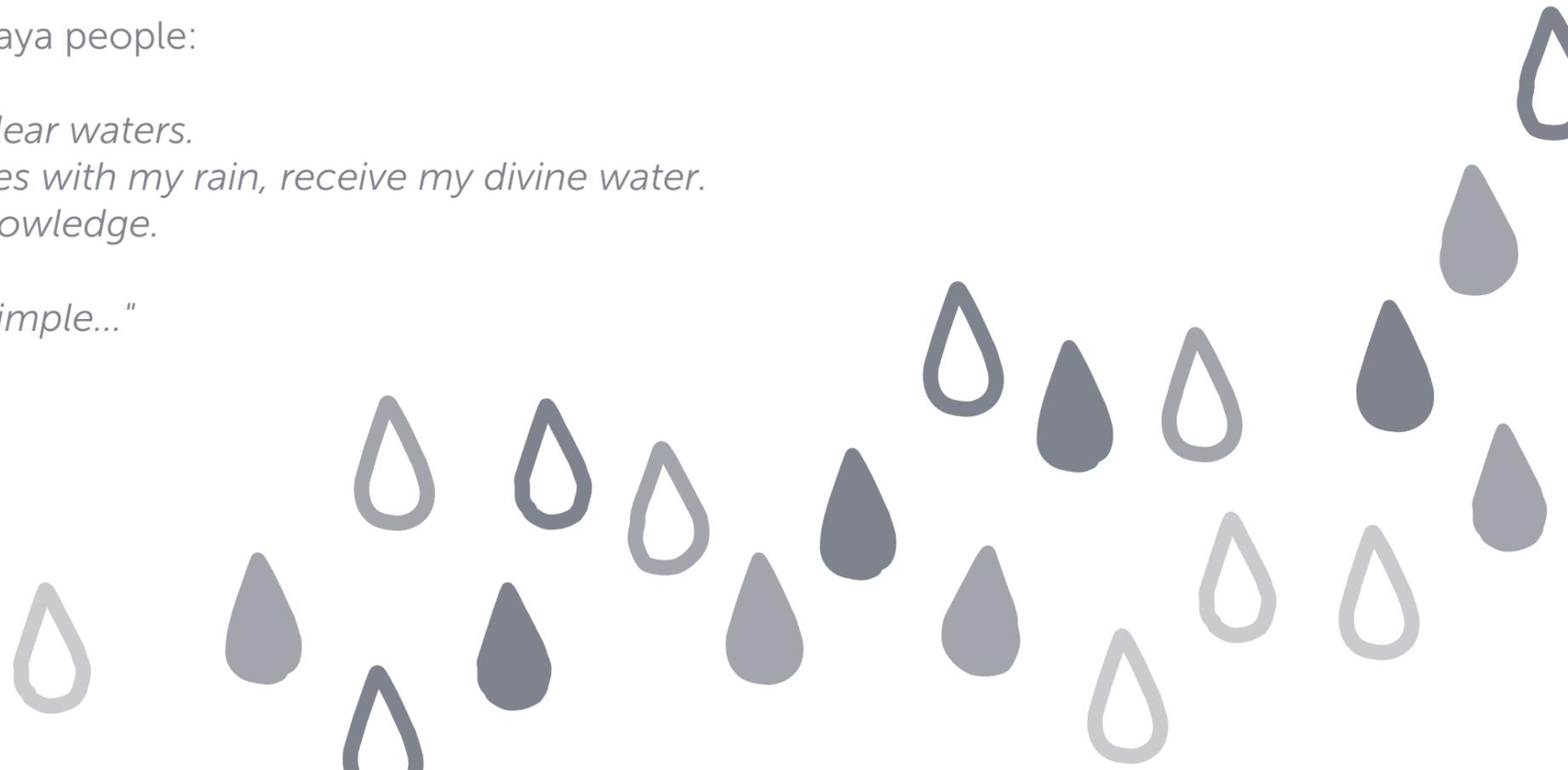
In Maya mythology, one of the calendar signs associated with water is called "Muluk" and means "cosmic seed".

Muluk is related to the renewal of the lunar cycles and is represented in the form of a drop of water in this fascinating culture's calendar.

This symbol is in harmony with the etymological origin of the word "spa" -Salus Per Aquam or health through water- thus integrating different cultures and wellness philosophies.

Muluk tells the Maya people:

*"Drink from my clear waters.
Cleanse yourselves with my rain, receive my divine water.
Divine seed of knowledge.
Know yourself.
Keep your gaze simple..."*

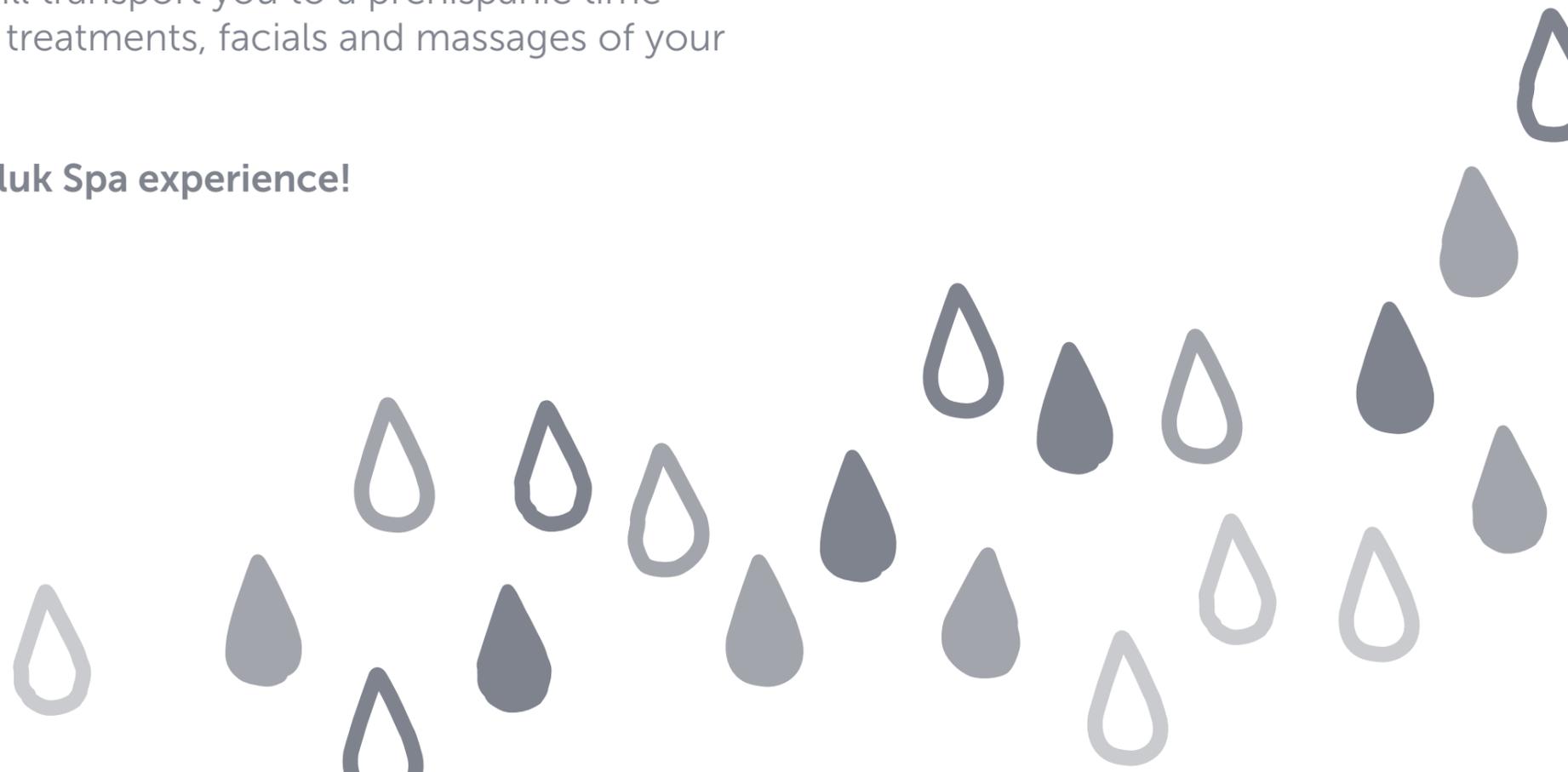


With the environment in mind and inspired by ancestral traditions, **Muluk Spa** is a natural sanctuary surrounded by the paradise where we find ourselves.

Our signature cabins are housed in unique caverns in the Riviera Maya, and the preparation, relaxation and healing areas are embraced by the river and the magical jungle that surrounds us.

Everything is carefully designed for you to enjoy a beautiful experience that will transport you to a prehispanic time through the body treatments, facials and massages of your choice.

Let's start the Muluk Spa experience!





/ Massages



CUSTOMIZED MASSAGE

50/80 min

Designed to meet your body's specific needs, this treatment combines Swedish massage techniques, medium-pressure manipulations, stretching, and deep pressure for effective relief.

GUAJES MASSAGE

50/80 min

Incorporates the use of guajes, hands, acupressure, and Lomi Lomi techniques to relieve tension and provide a holistic experience.

SWEDISH MASSAGE

50/80 min

A renowned therapy known for its ability to relax muscles, reduce stress and anxiety, and improve blood circulation, providing a deep sense of relief and well-being.

REFLEXOLOGY MASSAGE

50 min

A specialized treatment to pamper your feet, hands, and head with acupressure techniques that stimulate key energy points.

MATERNITY MASSAGE

50 min

A gentle massage designed for expecting mothers in their second trimester (months 4 to 7), relieving tension in key areas and reducing fatigue in a comfortable position.

AROMA MASSAGE

50/80 min

A relaxing massage that combines subtle manipulations, controlled pressure, and a carefully selected blend of essential oils for a harmonizing effect.





/ Body Treatments



KAKAW TREATMENT

80 min

Based on the wisdom of the ancient Mayans, enjoy a treatment that restores vitality and softness to the skin.

COPAL TREATMENT

80 min

A holistic treatment that balances emotions using the healing properties of copal, leaving your skin soft, renewed, and with a delightful scent.

CH'A'OOL TREATMENT

50 min

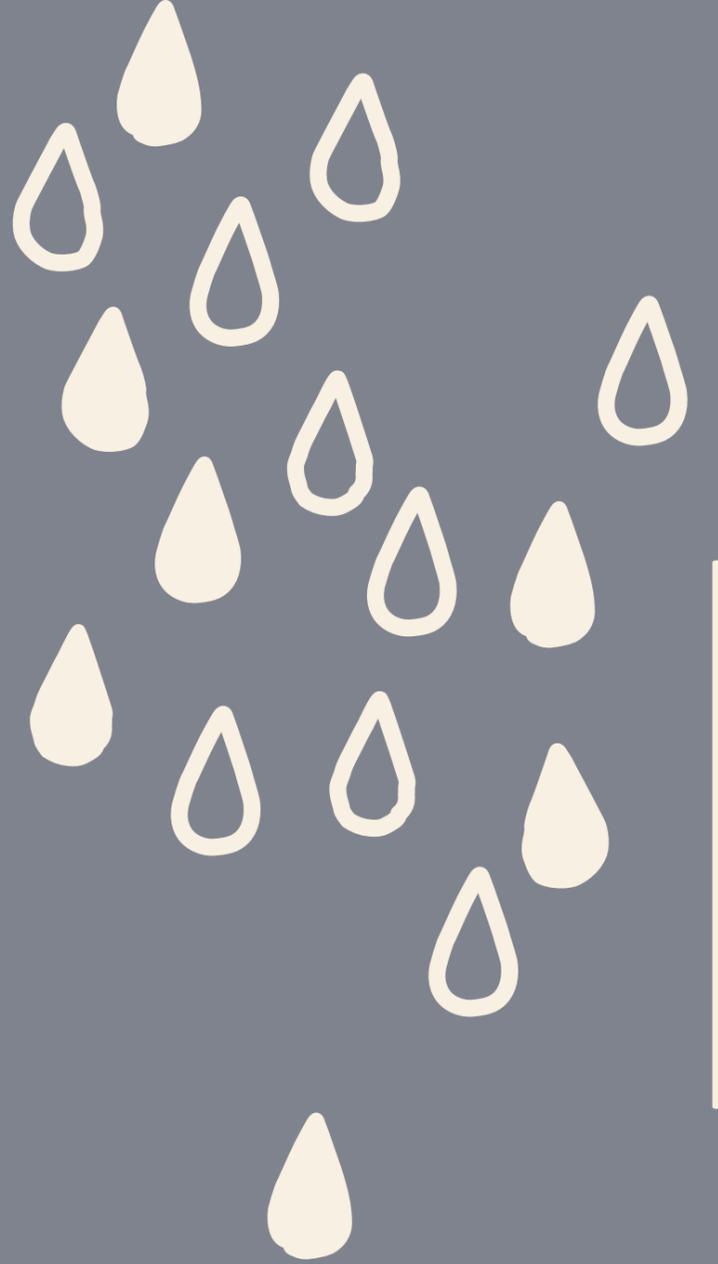
A refreshing aloe vera treatment that soothes and hydrates your skin after prolonged sun exposure.

TEOCALLI TREATMENT

50 min

A refreshing treatment featuring a gentle exfoliation that renews your skin while hydrating and nourishing its first two layers.

/ Facials



KI'ICHPAM FACIAL

50 min

An anti-aging treatment that brightens the skin, prevents fine lines, corrects dark spots, and evens out skin tone, restoring a youthful and radiant appearance.

HA FACIAL

50 min

Ideal for sensitive or sunburned skin, this treatment strengthens and repairs the deeper layers of the skin, restoring its health and natural balance.

EEK' FACIAL

80 min

A three-dimensional facial that deeply nourishes, sculpts facial contours, and delivers a visible rejuvenating and firming effect.

TS'UUL FACIAL (FOR MEN)

80 min

A deep-cleansing facial designed for men's skin that balances oil production, hydrates, and revitalizes, leaving the skin fresh and renewed.



/ Organic Rituals

ORGANIC RITUAL

150 min

A transformative experience for the mind, body, and soul that includes:

- A nourishing exfoliation.
- A massage with organic candle wax.
- A hydrating facial with agave-based regenerative phyto-complex.

ORGANIC FACIAL

50 min

A deeply hydrating facial suitable for all skin types, restoring your skin's vitality and natural glow.

MASSAGE WITH ORGANIC CANDLE

50/80 min

A soothing massage that combines the warmth of an organic candle with the therapeutic benefits of ancestral aromatherapy.

AGAVE BODY TREATMENT

50 min

A full-body exfoliation with a blend of blue agave and aloe vera, leaving your skin soft, refreshed, and hydrated.

/ Spa Etiquette

A decorative graphic consisting of several dark blue water droplets of various sizes and orientations, some solid and some outlined. A vertical dark blue line is positioned to the right of the droplets, extending from the top of the page down to the middle of the page.

Welcome to the Spa

You must arrive 30 minutes before your appointment to carry out the registration process and fill in the form.

Delays

Delaying your appointment will mean that your treatment time is reduced and/or cannot be carried out as designed.

Important

- The minimum age to use the facilities is 18 years old.
- You may not bring food or drinks into the spa, including alcoholic beverages.
- For your own safety, we are prohibited from serving people under the influence of alcohol or drugs.
- To preserve the harmony in the spa, we ask you to turn off your cell phone and any type of alarm.
- Muluk Spa is not responsible for lost or forgotten objects inside our facilities. Please leave your jewelry or valuables in the safety deposit box in your suite.

Health Conditions

Your wellbeing is our priority: we will provide you with a Health Conditions form for you to fill in and share with us any condition you may have, such as pregnancy, allergies, recent operations or medical treatments.

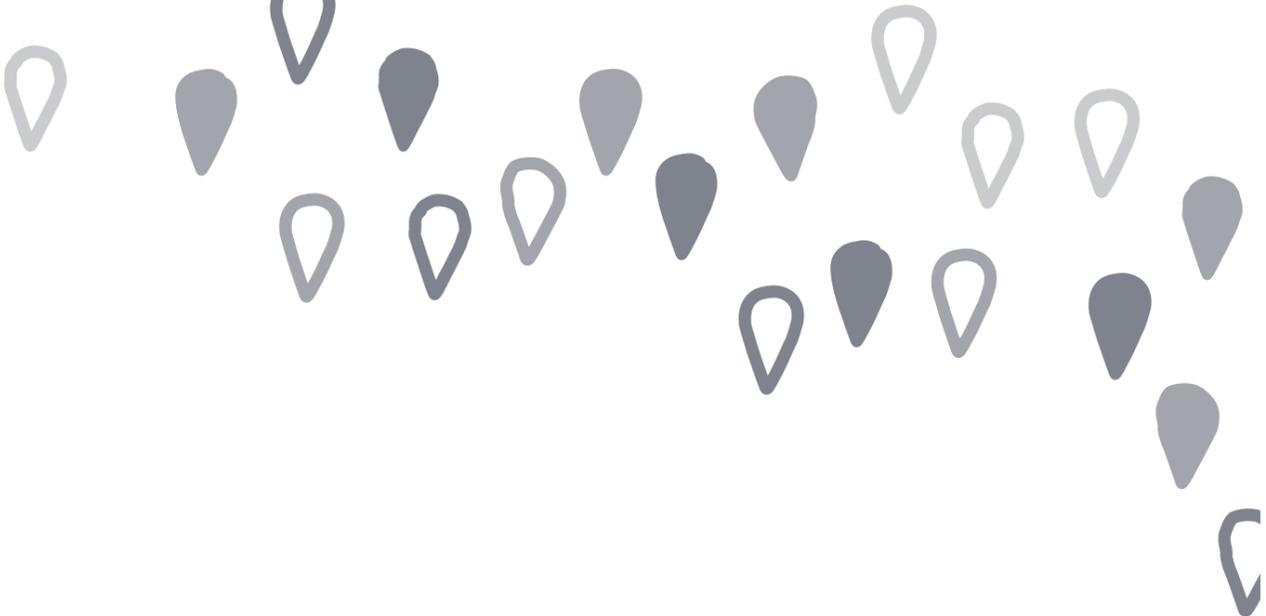
Cancellation Policy

Cancellations and changes to service time or date must be made 24 hours before your appointment. After this time period, a charge of 50% of the total value of service will be made and there will be no refund. You may make a new appointment, subject to our availability. If you do not show up on the day of your appointment a 100% no show penalty will be charged and there will be no refund.



/ SCHEDULE AND RESERVATIONS





The spa is open from Monday to Sunday
from 9:00 am to 8:00 pm.

Appointments are required for services.
Reservations are subject to availability.

For reservations, please call extensions 32701
and 32811 or email us at dxrecepspa@xcaret.com



MUUK

